

Health History

Name _____ Date _____

Address _____ Town/City _____

State ____ Zip Code _____ Email _____

Phone (H) _____ (W) _____ (C) _____

Referred By _____

Online Scheduling Access: ____ Y ____ N eNewsletter: ____ Y ____ N

(Please Supply Email address as your username, password, and access link will be supplied via-email)

In Case of Emergency Contact Person:

Name _____ Relation _____

Phone (H) _____ (W) _____ (C) _____

Medications - include any prescribed, over the counter, herbs, vitamins, supplements, ect. Use abbreviations key to describe usage in the chart below

Usage Code Key:

(D) daily (AN) as needed/necessary (ST) daily but short term

(DSC) daily but specific to certain condition (please provide short description)

Medication/ Supplement	Usage Code	What is this med/supplement treating?
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More Health Questions ⁽¹⁾

1. Have you had a massage before? _____
 - 1a. If so, what type? _____
 - 1b. How long since your last massage? _____
 - 1c. What brought you to Morgans Orthopedic and Sports Massage? _____

2. What is your reason for this visit? _____
3. What results do you expect from this treatment? _____
4. Have you had any past or recent diagnosed issues (physical or psychological)? If so, please give short description. _____

5. Have you had any recent acute injury (past 6 months)? If so, please give short description. _____

6. Do you have any chronic pain? _____
 - 6a. If so, where? _____
 - 6b. When did the problem begin? _____
 - 6c. what do you do to treat it? _____
 - 6d. when does it occur (time or activity)? _____

7. Describe any surgery you have had: _____

8. What are your exercise/sporting habits? _____

9. Do you have any tense/sore areas that need special attention? _____
 - 9a. If so, where? _____

More Health Questions (2)

Circle any of the following conditions you may have or have had:

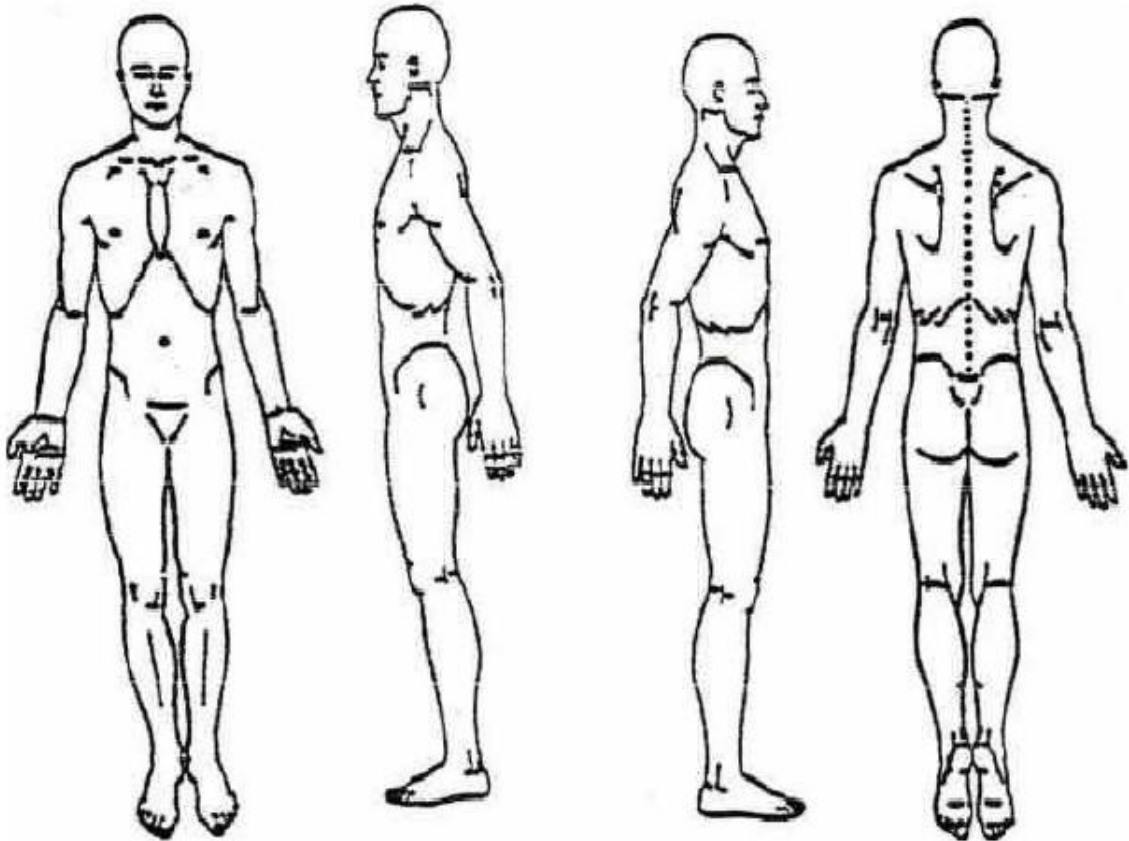
- | | | |
|------------------------|-----------------------------|-----------------------|
| Allergies | Depression | Phlebitis/Blood |
| Arthritis | Diabetes | Pins/Pacemaker |
| Anemia | Digestion Problems | Pregnancy |
| Anxiety | Dizziness/Fainting | Psychiatric |
| Asthma | Endocrine Issues | Recent Surgery |
| Bleeding/Bruising | Fatigue | Respiratory |
| Blood Clots | Headaches | Seizures/Epilepsy |
| Blood Pressure Problem | Hepatitis | Sinus Problems |
| Bursitis | Hernia | Skin Conditions |
| Cancer | Joint Problems | Smoker |
| Cardiac Issues | Kidney/Urinary | Stress |
| Circulation Problems | Liver/Gall Bladder Neuritis | Ulcers |
| Cold Sweats | Muscle Strain/Sprain | Varicose Veins |
| Contact Lens | Osteoporosis | Vertebral/Disc Issues |

10. Describe any other conditions, syndromes, recent accidents, and anything else pertinent to your health status: _____

11. Please explain any circled conditions above: _____

The Pain & Tension Chart

Please mark on the drawings below where your pain is and where you hold your tension



Thank You For Your Generosity

*Morgans Orthopedic & Sports Massage pledges to hold your information in the strictest of confidence and promises to only use the information provided to help create a treatment plan for the intended client

Client Signature _____ Date _____

Client Printed Name _____

Therapist Signature _____

Therapist Printed Name _____